

## ...proudly announces the Physician, Midwife or Nurse Practitioner of the month for

**October 2023:**



### **Dr. Kira McClellan, Family & Hospitalist Medicine**

The VJHPS is pleased to announce **Dr. Kira McClellan as October's 2023 Medical Staff Member of the Month**. We salute Dr. McClellan for exemplifying the qualities of an excellent physician, and we are pleased to have her as a respected member of our medical staff since 2003.

#### **Background and Training:**

- Undergraduate School: BSc Biology, Memorial University of Newfoundland (MUN)
- Medical School: MUN
- Rural Family Medicine Residency: McMaster University (placement Thunder Bay)

#### **Nominator's Comments (Eiko Waida, Pediatrics):**

It is my honor and privilege to nominate my colleague, Dr. Kira McClellan as Physician of the Month. Having grown up 'on The Rock' (Newfoundland), Dr. McClellan has always had a connection to the land. She feels a deep love of its rugged beauty, the authenticity of the people, as well as the odd wicked storm! Her passion for the outdoors is reflected in her chosen sports-collegiate rowing, rock & ice climbing, and all forms of cycling and skiing.

Lucky for us, it was this sense of adventure that brought her out West, first to do a maternity locum in Castlegar, and then nine months later, to Vernon, where she has sown roots and has become an anchor for the medical staff of Vernon Jubilee Hospital. Dr. McClellan serves as Department Head for Family Medicine, is the President of the Medical Staff Association for Vernon Jubilee Hospital, and the President of the Vernon Jubilee Hospital Physician Society. She is an effective leader who practices servant leadership; her values of transparency, innovation, and dependability come through in the work that she does in all of her various roles. She is motivated by opportunities to create change in the health care system, particularly at the local level, and welcomes the opportunity to solve problems.

In her 'down time', she enjoys cycling, backpacking, running, and Nordic skiing. Her favorite vacations have been backpacking trips with her children Julia (age 14 years) and Kilian (age 11 years), and life partner Dr. J-P Viljoen. And of course, any trip to France is a close second. In Europe, you can often find her embracing the beauty of churches to quiet her mind, and at home, tending to her beautiful roses. If you get invited to her home, you may be served a yummy bowl of pozole, a Mexican soup that reminds her of her childhood.

So how does she do this all? She is a Master Scheduler. It would be remiss, however, not to mention the tremendous amount of support she receives from J-P.

Kira, thank you for all you do for the physicians and staff at Vernon Jubilee Hospital, your community and your patients. Congratulations and gratitude!

Please join me in congratulating Dr. McClellan as October's VJH Medical Staff Member of the month.