

## ...proudly announces the Physician, Midwife or Nurse Practitioner of the month for November 2022:

### Dr. Riley Martin, Emergency Medicine



The VJHPS is pleased to announce **Dr. Riley Martin as November's 2022 Physician of the Month**. We salute Dr. Martin for exemplifying the qualities of an excellent physician, and we are pleased to have him as a respected member of our medical staff community since 2014.

#### Background and Training

Medical School - U of Alberta - class of 2010  
Residency - U of Alberta Rural Family Medicine - Grande Prairie - Class of 2012  
Emergency Medicine - U of Alberta - class of 2014

Working Career: Dr Martin followed his newly wed wife for a year as she finished her Residency in the same program. After she completed her residency they relocated to Vernon in 2014 and Dr Martin joined the ED team.

#### Nominator's Comments (Dr. Marius Aucamp):

Born and raised in Beaumont Alberta on the outskirts of Edmonton. Riley once joined his father at work for the day as part of a school project. He very soon realized he needed something totally opposite as a career choice. Inspiration came from his mother, a nurse. A career as a physician, specifically an Emergency room physician seemed a better fit. With the university of Alberta right on his doorstep it only seemed natural to go to medical school at the "U of A".

He also met his wife at medical school. He was a support group leader at Medical school and one of the students in his group grabbed his attention and the rest is history. Riley married Dr. Emily Stevenson in 2012. Dr Stevenson is a local general practitioner in the community. They have 3 beautiful daughters and are often found on an adventure together as a family--hiking, biking, skiing, camping or a myriad of other activities.

Dr. Martin's signature dish is his lasagna, although he admits that the kids are not so fond of it. His homemade sourdough pizza however is a favorite with the whole family.

Why did he settle in Vernon? His wife grew up in Kelowna and so she knew the area. They both liked the size of Vernon and it's hospital and all the adventures the local surrounding area offered, including Silverstar and Sovereign lake for the winter month activities.

Dr. Martin describes himself as someone that has always been a sporty person as he loves the outdoors. His perfect vacation would be a multiday hike, backpacking and carrying all your gear along for the trip.

One of his greatest events in his life was doing a 28 day, 240 km backpacking trip in Nepal called the Annapurna Circuit. At its pinnacle, the trek crosses the Thorung La Pass at 5416 metres, featuring some of the most majestic mountain peaks in the world. He admits the most daring part of the trip was that he did this with Emily (now his wife ) after only dating for 6 months. Most seasoned couples might find this trip difficult. He has also done many other memorable hikes, like the well known Westcoast Trail.

I personally look forward to working with Dr. Martin for many more years, and I am always relieved to see his childlike but legible handwriting (of his own accord) on the Emergency record as it brings a feeling of safety and knowing that the patient has been looked after.

**Congratulations Dr. Martin on being our Physician of the Month!**