

...proudly announces the Physician, Midwife or Nurse Practitioner of the month for December 2022:

Dr. Kathryn MacKinlay, Pediatrics



The VJHPS is pleased to announce **Dr. Kathryn MacKinlay as December's 2022 Physician of the Month**. We salute Dr. MacKinlay for exemplifying the qualities of an excellent physician, and we are pleased to have her as a respected member of our medical staff community since 2020.

Background and Training

Undergraduate – University of British Columbia – Biology – Class of 2001

Medical School – University of British Columbia – Class of 2010
Residency – University of Calgary – General Pediatrics – Class of 2016

Nominator's Comments (Dr. Riley Martin):

Kathryn grew up in Kamloops, BC surrounded by many generations of family. Moving away after high school, she embarked on a UBC exchange to Lund, Sweden where she spent her first year of university. This gave her the travel bug, and when she graduated with a degree in biology, she decided to spend the next few years travelling across the world, including Russia, China and much of Southeast Asia.

Upon returning to Canada, she worked for a cancer charity, organizing fundraising events. She then attended medical school at the University of British Columbia, graduating in 2010.

Kathryn next started a pediatric residency at the University of Calgary. She and her husband Christian chose “the best and the worst time” to have their 3 children, trying to set a record for the most maternity leaves in one residency. Still, she somehow managed to graduate in 2016. They decided to move to Vernon, which was nicely located between each of their families. Kathryn can often be found either trail running or spending as much time skiing at Silver Star as she can when she isn't taking her daughters to the arena to play ringette.

Kathryn considers herself quite the music aficionado. Along with her husband, she creates a new music playlist every month, trying to find the perfect mix of new music and oldies. Whenever she is able, Kathryn and Christian love to travel around to a variety of music festivals. Despite this, Kathryn states that she never really learned to play any instrument well and hopes that her children didn't inherit her musical ability. She does, however, hope that they inherited her great grandmothers genes for longevity. Her great grandmother recently passed away at the age of 114, at which time she was the ninth oldest person in the world.

One area that Kathryn still struggles with is cooking. She states that this month alone, she almost burnt the house down three times and was forced to get last-minute take-out to feed her hungry family. Mercifully, her husband does most of the cooking, which allows her to focus on her areas of strength. Her career would certainly be one of these, as I am always excited to see Dr MacKinlay's name on call when I have to consult a pediatrician. She is always extremely approachable, helpful and willing to see patients at all hours of the day. I know that my colleagues love working with her and that her patients love her. She has been a wonderful addition to our hospital and I look forward to working with her for many years to come.

Congratulations Dr. MacKinlay on being our Physician of the Month!